



# **NORTHSHORE LEARNING**

## *Workshop Catalog 2025*



# Workshop Categories

▶ Building Resilient Educators and Schools

▶ Instructional Excellence and Classroom Practices

▶ Inclusive Practices and Student Success





# Building Resilient Educators and Schools

[Click to Go Back](#)



**Making This School Year the Best Yet:** Explore resilience strategies to ensure success for staff and students. Learn to rethink and integrate well-being into daily practices to create a thriving school environment.



**Supporting Systemic Well-being (For Administrators):** Foster systemic well-being for staff and students while maintaining your own balance. This session provides tools to lead with wellness in mind without sacrificing personal health.



**Cultivating Resilience:** Practical tools to promote teacher wellbeing and satisfaction. Equip your team with strategies to handle challenges and build a positive school culture.



**It's Hot in Here!** Understand triggers and manage stress for meaningful connections in challenging situations. Discover emotional regulation techniques to stay grounded and enhance personal wellbeing.





# Instructional Excellence and Classroom Practices

**Unlocking the Power of Co-Teaching:** Create a collaborative culture that drives student success. Gain tools to foster partnerships that maximize learning opportunities for students and teachers alike.

**Raising Rigor:** Empower teachers to foster critical thinking, collaboration, and creativity. Learn strategies to ensure academic tasks challenge students and develop essential problem-solving skills.

**Instructional Design for Impact:** Practical strategies to design effective curriculum and teaching practices. This hands-on session focuses on creating lessons that meet diverse student needs.

**Motivating Students for High Success:** Data-driven approaches to increase engagement and achievement. Teachers will leave with actionable strategies to inspire effort and resilience in their students.

**Classroom Management Strategies:** Equip teachers with proven techniques to maximize instruction and minimize disruptions. This workshop offers actionable ideas to address common challenges such as student inattention and behavior issues.

**Mastering Executive Functioning Skills for Learning Success:** Discover neuroscience-based practices to help students manage their learning, strengthen executive function skills, and thrive in the classroom. Learn strategies that empower students to overcome obstacles and fully engage in 21st-century learning.

**Learning Calm & Control: Boosting Student Success through Regulation:** An introduction to strategies that promote student regulation which will enhance academic achievement and behavior in your classrooms.

**What College Professors Wish K-12 Teachers Knew:** Help students seamlessly transition to college by learning about which skills and mindset are most needed to thrive in post-secondary education. Facilitated by a university professor of neuroscience.

[Click to Go Back](#)

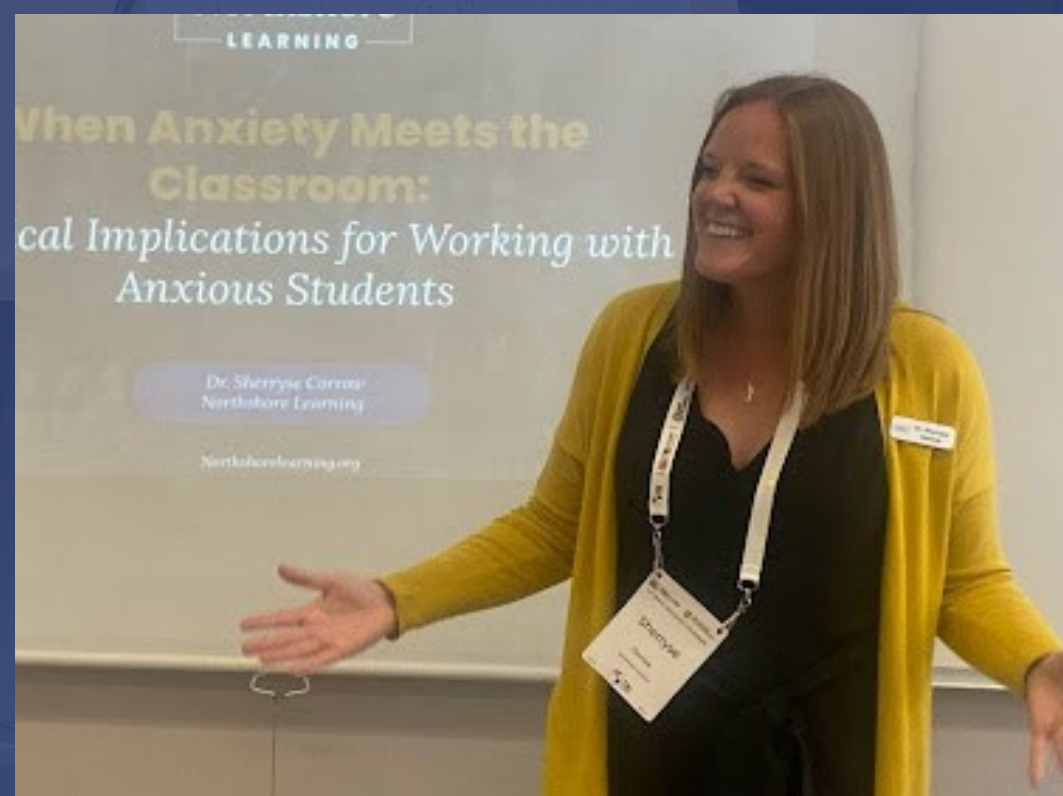




# Inclusive Practices and Student Success

[Click to Go Back](#)

- **When Anxiety Meets the Classroom:** Practical Solutions for Working with Anxious Students: Learn strategies to identify patterns of anxiety in students and explore strategies to help students cope with the anxiety they experience at school. Facilitated by a university professor of neuroscience.
- **Universal Design for Learning:** Dive into UDL to create equitable and accessible learning environments. Educators will explore tools to remove barriers and empower all students to succeed.
- **Empowering All Students with Executive Function Skills:** Equip teachers with tools to address barriers to learning by fostering executive function skills in all students. This workshop inspires educators to reframe challenges and create innovative, inclusive solutions for student success.
- **Becoming a Language-Friendly School:** Foster multilingual inclusion to honor diverse student backgrounds. Learn actionable steps to celebrate diversity and promote equity in your school community.



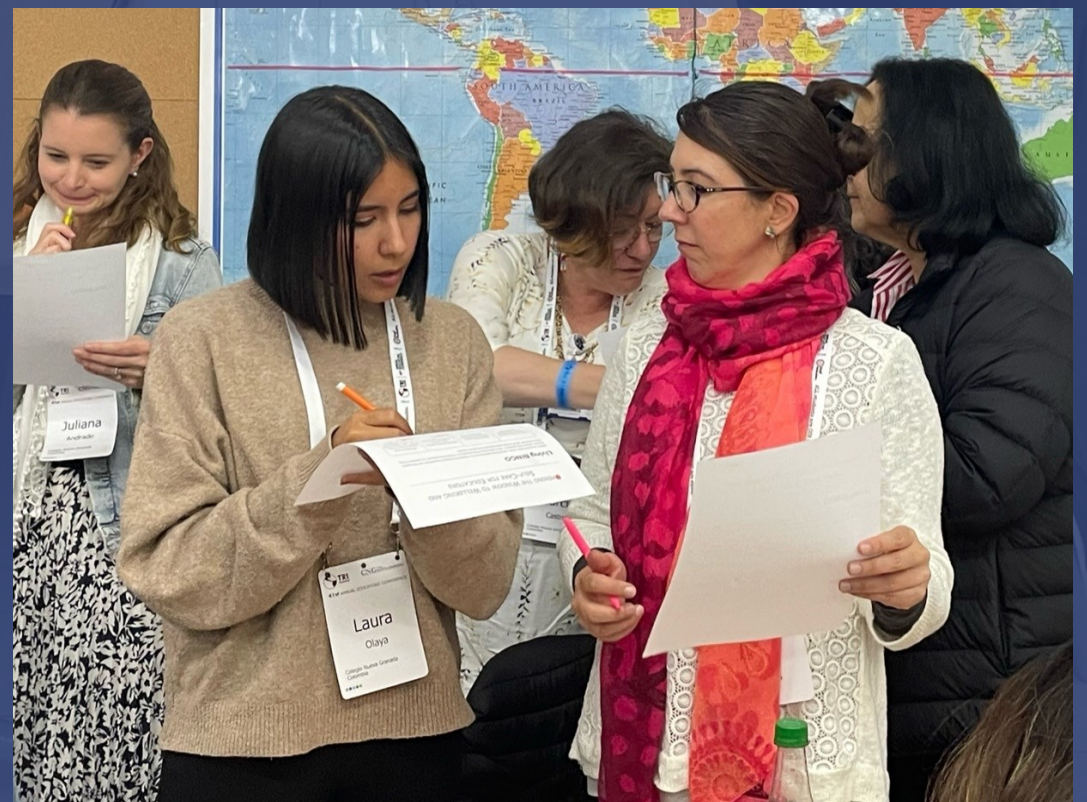




# Inclusive Practices and Student Success

[Click to Go Back](#)

- **Translanguaging Throughout the Curriculum:** Utilize translanguaging to enhance learning for multilingual students. Teachers will explore practical methods to integrate students' home languages into the classroom.
- **Working with Neurodiverse Learners:** Strategies to support students with diverse learning profiles. Teachers will gain insight into personalized approaches to meet the needs of all learners.
- **Sensory Integration in the Classroom:** Practical tools to create sensory-friendly environments that enhance learning. This session focuses on strategies to address sensory processing challenges.
- **Creating Inclusive Schools: Empowering Educators and Families:** This workshop equips educators and leaders with strategies to create inclusive environments that support neurodiverse learners and foster meaningful family engagement.







# Contact Us Today



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